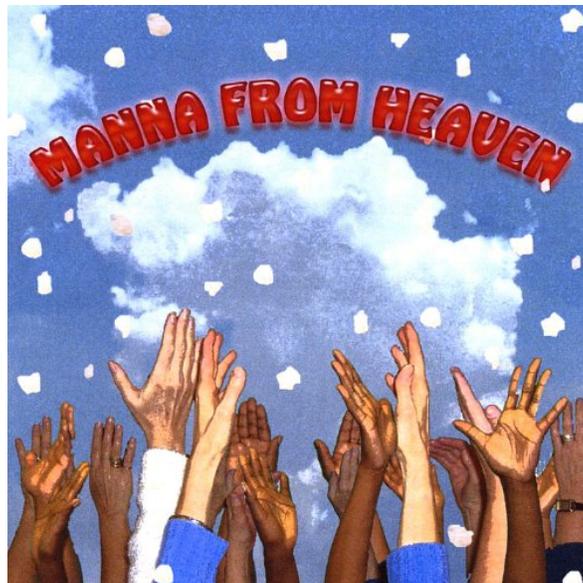


# CHRISTIAN EDUCATION DEPARTMENT

## Thankful for Manna from Heaven Race Exodus 16:2-4, 9-15

When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

Exodus 16:14-15



This intergenerational game is a fun way to remember how God provided food in the wilderness for the Israelites and how God provides for all of us.

### Supplies:

- large number of cotton balls
- a large bowl or container to hold the cotton balls
- spoons (disposal is fine) or Chopsticks for each participant to have one
- cups or bags for each participant to have one

You can play individually or divide and play as teams.

GOAL: To be the first one or the first team to fill all of their cups/bags with "manna"

### RULES:

The bowl/container with the manna should be in a central location.

The cups or bags should be lined up relatively equal distance so the participants can move back and forth between the manna and their cups/containers. If you have limited space, the manna can be put in the center of a table with the participants/teams with their cups/containers around the table.

You cannot touch the cotton balls (manna) with your hands. You can use the spoon, chopsticks or what have you to take it over to the cups/bags.

**In order to win, for each cotton ball you have collected, you must name a way God provides for or takes care of you. At the end of the race, the person or team that can name the most ways (a way per cotton ball) wins.**

Make a video of your group or family playing this game and challenge others to play it and think about all the ways God provides for them. You can share it on the AME Department of Christian Education FaceBook page or send to [cedoffice@ameced.com](mailto:cedoffice@ameced.com).